



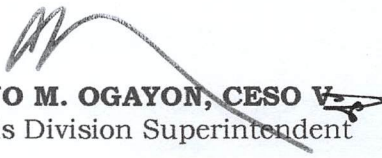
Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
CITY SCHOOLS DIVISION OF THE CITY OF TAYABAS

16 JUNE 2020

DIVISION MEMORANDUM
No. 119 s. 2020

**WEBINAR ON COVID-19 CUM MENTAL HEALTH AND PSYCHOSOCIAL
SUPPORT SERVICES (MHPSS)**

- To: OIC-Assistant Schools Division Superintendent
Chief Education Supervisors
Heads, Public Elementary and Secondary Schools
Heads, Unit/Section
All Others Concerned
1. The City Schools Division of Tayabas City supports the extend assistance of Department of Education to its constituents amid the Covid-19 situation on providing MHPSS and PFA to personnel. In this regard, this Office through the SGOD DRRM and Medical Team will be conducting **WEBINAR ON COVID-19 CUM MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES (MHPSS)** on June 22, 2020 from 1:00pm to 5:00pm via Google Meet.
 2. This webinar aims to provide an adequate knowledge on Covid-19 as well as to have deeper understanding on the importance and strategies in providing Mental Health and Psychosocial Support Services.
 3. Participants to this webinar are all **School Heads, School Health and Nutrition Coordinators, DRRM Coordinators and SDO Personnel.**
 4. All participants are expected to pre-register at <https://tinyurl.com/Covid19-MHPSSPreregistration> on or before June 20, 2020. Google Meet link will be sent to participants' respective DepEd Email, generated from the pre-registration.
 5. Attached are the program matrix and list of participants.
 6. For information and guidance of all concerned.


ANIANO M. OGAYON, CESO V
Schools Division Superintendent

Encl:

As stated



Brgy. Poto, Tayabas City
(042) 710-0329 or 797-0773

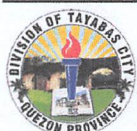
tayabas.city@deped.gov.ph
tayabas.depedr4a.net



**WEBINAR ON COVID-19 CUM MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT
SERVICES (MHPSS)**
June 22, 2020
1:00-5:00 pm

PROGRAM MATRIX

TIME	ACTIVITY/ TOPIC	FACILITATOR
	Opening Program	
1:00-1:05 pm	Video Conferencing Etiquette	Kendrick C. Cabriga ITO
1:05-1:10 pm	Roll Call of Participants	Fideliza F. Luces HRD SEPS
1:10-1:30 pm	Welcome Remarks	Aniano M. Ogayon SDS
	Rationale	Fideliza F. Luces HRD SEPS
	Levelling of Expectations	Fideliza F. Luces HRD SEPS
1:30-2:00 pm	Understanding Covid-19 (Information and Updates)	Dra. Connie S. Sia MO II
2:00-2:30 pm	WASH, SCHOOLS and the Covid- 19 Pandemic	Lailani T. Omlas Nurse II
2:30-3:30 pm	MHPSS and Remote Psychological First Aid during the Covid-19	Alelie A. Padillo Nurse II
3:30-4:30 pm	Mindfulness and Art-Based Coping Activity for Mental Health	Nicole May R. Lagar PDO I
4:30-4:40 pm	Open Forum	
4:40-4:50 pm	Closing Remarks	Randy D. Punzalan OIC-ASDS
MASTER OF THE WEBINAR Mariles F. Contreras		



Brgy. PotoI, Tayabas City
(042) 710-0329 or 797-0773



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LIST OF PARTICIPANTS

SCHOOL	NAME OF PARTICIPANTS	SEX
ALSAM ES	Melinda A. Buncayo	F
	Clarine L. Reyes	F
	Bryan R. Arjete	M
BUSAL ES	Adrian N. Naynes	M
	Akeem Aron Valdeavilla	M
DAPDAP INTEGRATED SCHOOL	Cherry G. Hugo	F
	Elaine D. Briones	F
	Marissa D. Yacaba	F
DOMOIT ES	Ingrid A. Palad	F
	Gina P. Samonte	F
	Jaymark C. Pabelonia	M
EAST PALALE ES	Corazon M. Oabel	F
	Aizell Ann C. Cabriga	F
	Nalinda R. Casino	F
EUGENIO FRANCIA ES	Larvin O. Labrada	M
	Rachel Z. Alvarez	F
	Kelvin John B. Padera	M
F. E. LOPEZ ES	Girlie A. Abaricia	F
	Glenda G. Dilar	F
	George Vehnex P. Sabornido	M
GIBANGA ES	Alona C. Crisanto	F
	Luzviminda S. Cabile	F
	Leuvin D. Naynes	M
ILASAN ES	Teresa E. Andaya	F
	Roschelle L. Moreno	F
	Maricel J. Magtibay	F
IPILAN ALITAO ES	Leonora L. De Rama	F
	Jollie Ann V. Morta	F
	Lester S. Salumbides	M
KALUMPANG ES	Waldymar E. Pasacsac	M
	Vivian V. Castillo	F
	Ginalyn C. Sales	F
KATIGAN ALUPAY ES	Arlene D. Pagana	F
	April May Q. Ramillo	F
	Sherwen T. Ferreras	M
LAKAWAN ES	Natalia A. Andaya	F
	Glenda Y. Castillo	F
	Larmen Joy S. Malto	F
LALO ES	Luz A. Pacaigue	F
	Cecille N. Villora	F
	Mark Kevin P. Ranillo	M
LAWIGUE ES	Rowena O. Sabiduria	F
	Anicee S. Rodillo	F
	Edellyn B. Matre	F
LPIHS	Dr. Gener C. Delos Reyes	M
	Sharlene V. Baer	F
	Isabelo Cuarto	M
MALAO-A CALANTAS ES	Myrna B. Tabernilla	F
	Dulce D. Avila	F



	Jundee C. Rivadenera	M
MASIN ES	Roderick O. Hugo	M
	Christelle A. Reyes	F
	Haeizel C. Jasmin	F
	Jeffrey G. Dimailig	M
MATE ES	Mary Ann E. Penana	F
	Dianne Charish A. Cabuyao	F
	Elpidia C. Palayan	F
NORTH PALALE ES	Rachel Ann A. Guano	F
	Sarah Jane C. Cabuyao	F
	Wenefredo B. Baylongo	M
PANDAKAKE ES	Shiela May Balamban	F
	Rhona R. Reyes	F
	Ferdinand T. Glor	M
POTOL ES	Catherine Telebrico	F
	Carmena L. Lagonero	F
	Michael M. Safred	M
RQMNHS	Meryanne V. Flores	F
	Ruel A. Cabuyao	M
	Julieta M. Labita	F
SOUTH PALALE ES	Maricel C. Cabuyao	F
	Ashley Loraine C. Cabuyao	F
	Joy B. Go, Ph.D.	F
TAYABAS EAST CS	Marileth Berena	F
	Victorino Cabanas	M
	Ronan R. Ranillo	M
TAYABAS WEST CS I	Ma. Socorro Delloro	F
	Inrico A. Jalbuena	M
	Lea A. Cosico	F
TAYABAS WEST CS II	Rowena Q. Rondilla	F
	Rainier Roie M. Rea	M
	Dennis O. Labita	M
TAYABAS WEST CS III	Megan C. Zoleta	F
	Lester R. Gob	M
	Leah A. Clado	F
TAYABAS WEST CS IV	Jocelyn Zagala	F
	William Rondilla	M
	Aldwin V. Capistrano	M
VALENCIA ES	Marry Joi P. Las	F
	Romana T. Jabola	F
	Patria D. Cabriga	F
WAKAS ES	Concepcion Oliva	F
	Fritzie Pareja	F
	Honesto P. Caagbay Jr.	M
WEST PALALE ES	Erika Roschelle R. Ursolino	F
	Manolito C. Plasuelo	M
	Evelyn P. Palambiano	F
WEST PALALE NHS	Analou R. Endencia	F
	Roderick M. Baasis	M
	Ferdinand T. Glor	M
TAYABAS CITY DIVISION STAND ALONE	Cecilia R. Pingol	F
	Mary Grace M. Cabili	F



	Ramona Gata	F
	Ronaldo Navajas	M

SDO PARTICIPANTS

ANIANO M. OGAYON	SCHOOLS DIVISION SUPERINTENDENT	M
MAYLANI L. GALICIA	OIC-ASST. SCHOOLS DIVISION	F
RANDY D. PUNZALAN	SUPERINTENDENT	M
JOY LIWAYWAY O. AGUILA	ADMINISTRATIVE ASSISTANT III	F
JEDD P. AGUILAR	DENTIST II	F
JOSEPH JAY U. AUREADA	EDUCATION PROGRAM SUPERVISOR	M
CHRISTIAN J. BABLES	EDUCATION PROGRAM SUPERVISOR	M
MARIA CORAZON A. BORBON	SENIOR EDUCATION PROGRAM SPECIALIST	F
JOAN KATHLEEN T. BRIZUELA	EDUCATION PROGRAM SPECIALIST II	F
JEANETTE M. BUERA	ADMINISTRATIVE ASSISTANT III	F
FREDERICK M. BULANDOS	ADMINISTRATIVE AIDE VI	M
PAZZYLA LYDDA A. CABALSA	ADMINISTRATIVE AIDE VI	F
CLEOTILDE L. CABRIGA	ADMINISTRATIVE ASSISTANT III	F
JORITZ PHILIP L. CABRIGA	ADMINISTRATIVE AIDE VI	M
KENDRICK C. CABRIGA	INFO TECH OFFICER I	M
DEXTER C. CABUYAO	ADMINISTRATIVE AIDE IV	M
SANCHO C. CALATRAVA	EDUCATION PROGRAM SUPERVISOR	M
MARILES F. CONTRERAS	NURSE II	F
MARILOU C. CUATERNIO	ADMIN ASSISTANT III	F
KATHLEEN J. DAZO	ADMINISTRATIVE ASSISTANT III	F
JUANITO D. DOMIREZ	ADMINISTRATIVE ASSISTANT II	M
EDNA E. ECLAVEA	LIBRARIAN II	F
JAYPEE A. ESCOBAR	SENIOR TECHNICAL ASSISTANT I	M
ERMELO A. ESCOBINAS	PROJECT DEVELOPMENT OFFICER II	M
LOUIE L. FULLEDO	EDUCATION PROGRAM SUPERVISOR	M
CONRADO C. GABARDA	ADMINISTRATIVE OFFICER V	M
MILDRED Z. GALLENO	EDUCATION PROGRAM SUPERVISOR	F
GRASIELA L. HERNANDEZ	ADMINISTRATIVE ASSISTANT III	F
MARINELLE R. JAMILANO	ADMINISTRATIVE ASSISTANT II	F
FRANCES THEA T. JAVAL	ADMINISTRATIVE ASSISTANT III	F
MARIFE R. LAGAR	PLANNING OFFICER III	F
JOYCE ANNE P. LIMBO	ADMINISTRATIVE ASSISTANT III	F
FIDELIZA V. LUCES	SENIOR EDUCATION PROGRAM SPECIALIST	F
AGNES M. LUZADAS	ACCOUNTANT III	F
MA JOBELLE M. MALIJAN	ADMINISTRATIVE ASSISTANT III	F
PELAGIA L. MANALANG	EDUCATION PROGRAM SUPERVISOR	F
JOBELLE L. MANINGAS	ADMINISTRATIVE ASSISTANT III	F



BENJAMIN A. MILLARES	ADMINISTRATIVE OFFICER V/BUDGET OFFICER III	F
JENNELYN M. MIRANDILLA	ADMINISTRATIVE ASSISTANT III	F
ROSEMARIE E. MORALES	ADMINISTRATIVE ASSISTANT III	F
JOSEFINA R. OABEL	ADMINISTRATIVE OFFICER IV/HRMO II	F
TEOFILA A. OCUMIN	EDUCATION PROGRAM SPECIALIST II	F
SHERELYN F. OROYO	TEACHER II	F
ALELIE A. PADILLO	NURSE II	F
NATALIO JR. A. PANGANIBAN	ADMINISTRATIVE ASSISTANT I	M
MARIA ELIZABETH S. PASTRANA	ADMINISTRATIVE ASSISTANT III	F
SHERWIN C. QUESEA	EDUCATION PROGRAM SUPERVISOR	M
LUZVIMINDA CYNTHIA RICHELLE F. QUINTERO	EDUCATION PROGRAM SUPERVISOR	F
JOSELITO C. RACELIS	UTILITY WORKER I	M
CLARIBEL C. RADA	ADMINISTRATIVE ASSISTANT II	F
CHARLENE R. RAGO	ADMINISTRATIVE ASSISTANT III	F
IMELDA C. RAYMUNDO	CHIEF EDUC SUPERVISOR - CID	F
JERICK C. REYES	ADMINISTRATIVE ASSISTANT III	M
EDWIN R. RODRIGUEZ	CHIEF EDUCATION SUPERVISOR - SGOD	M
RONNIE M. ROSALES	ADMINISTRATIVE ASSISTANT II	M
BEATRICE B. SALAZAR	ADMINISTRATIVE AIDE VI	F
CARMELO S. SALAZAR, JR	UTILITY WORKER I	M
LUZVIMINDA E. SALUDARES	EDUCATION PROGRAM SPECIALIST II	F
JUSLYN ROSE F. SANCHEZ	ADMINISTRATIVE ASSISTANT II	F
CONNIE S. SIA	MEDICAL OFFICER III	F
GEORGIA P. TALABONG	EDUCATION PROGRAM SUPERVISOR	F
DIANAH G. TAN	ADMINISTRATIVE OFFICER IV/CASHIER III	F
FEREX O. ZAFRANCO	ADMINISTRATIVE ASSISTANT III	F
GENEROSA F. ZUBIETA	EDUCATION PROGRAM SUPERVISOR	F
ARMEEN KRYSTEL F. ZUBIETA	ADMINISTRATIVE AIDE VI	F
LAILANI T. OMLAS	NURSE II	F
NICOLE MAY R. LAGAR	PDO I	F